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Acknowledgements,

# **DIARY OF A DRUG ADDICT**

The story of the spirit

André K.

channeled by the

medium

Gorete Newton

## **Introduction**

Diary of a Drug Addict  
The accounts of a drug addict  
from here and hereafter

This is a compelling story of an adolescent who because of lack of care and affection in his home became an easy prey to the ill influence of drug users.

The other side reveals the gruesome side effects of drug usage as well as the ordeal drug addicts endure after their physical death.

It is a crucial reminder to all parents about the importance of the family institution and their role in guiding the spirits that were brought to them as their sons and daughters. Although it is a sad story it shows the aspect of constant renewal and the grandiosity of the divine laws that enable us to return and gather together again with our loved ones and make amends.

In its simplicity, the spirit Andre K. gives his testimony in a language that can be understood by adolescents and adults alike. This book should be read by every adolescent and every parent. Only by working together, with love and respect can parents and children guarantee a healthy and enlightened coexistence.

Jussara Korngold  
Founder and President of the  
Spiritist Group of New York  
and the Spiritist Alliance for Book

## PREFACE

To the indifferent or idle traveler, it is important to remember that we are all children of the purest love and light that exists in the Universe.

The impermanence of noble feelings and ideals inside of us is but a reflection of the current evolutionary and constructive state which we are all internally experiencing.

The seeds that lie dormant in our core await the liberating and cleansing opportunities to grow and offer service. Through our efforts and proactive attitude towards the greater Good, these seeds will blossom.

God always sends assistance and guidance when we are striving to remove the chains that hold us back in the evolutionary journey.

Let us do our part then.

The story presented here does not pretend to cast an innovative light in humanity's discernment between good and evil. It simply shows our dear reader that love is readily available to assist everyone, at all times, offering infinite opportunities for us to review, ponder and start over. By benefiting from the lessons reaped in the past and present, we learn to grow, evolve and love, by loving.

We have what we deserve and we are what we think.

While we dwell in the muddy swamps of mental fatigue, one day a lily shall spring forth with strength and enthusiasm.

We still experience strong inner conflicts due to the abuses that have been collectively sown for thousands of years, with roots deeply stored in the human psyche. These conflicts are naturally aggravated by the adverse socioeconomic situation and problems in our world. As a result, we struggle to overcome the obstacles of our journey. But remember that the sole purpose of such trials is for us to triumph over them.

To the parents who are wondering how to best deal with their children, this story will help them realize how glorious their mission is in guiding those who, through them, come to the school of life once again.

The love in a family can be the most powerful tool available on Earth to connect souls and hearts with previous commitments to one another; it opens our eyes to subtleties in behaviors we notice in our loved ones. By noticing and being sensitive to them, we live more peacefully and in harmony under the same roof. This family

love is capable of preventing and sometimes eliminating the roots of many pains and sorrows that manifest sooner or later in life.

To the young people of the world: if you are experiencing depression and melancholy, know that by watching your thoughts and emotions, you will determine your future. We are the fruits of our thoughts.

It's natural to experience uneasiness and restlessness when we feel the need to make changes in our lives. However, if we disarm ourselves of the powerful resources of optimism and hope, we risk falling in tragic ideas of suicide, especially in moments of trials and tests, which we sometimes don't anticipate.

We sincerely hope that these pages bring light to individuals experiencing addictions. May this story help parents and their children disentangle themselves from such problems, which are so common in our modern society.

Help each other out while there is time! By doing that, and by truly understanding, forgiving and serving one another, we can build our strengths together. And with this foundation, rest assured, you are investing in peace and victory, which will yield true happiness as you manifest the Glory of the Heavens on Earth!

May Jesus bless us all!

Marcelo J. Costa Netto

October 2006

chapter 1  
**My rebirth**

I was ready to return to life on Earth when I saw my future parents contemplating their various possibilities.

“Do you think we should have a baby?” or “Wouldn’t that compromise our careers?” or “Our expenses will increase should that happen.” Everyday they pondered their options, went through this routine of arguments and discussions and yet, it seemed they were not able to ever decide and make up their minds. At that time, some of my spirit friends who were constantly inspiring my intended parents with thoughts of having a child accompanied me on my journey to be born. Finally, one day, they came to a decision and accepted to bring me into this world.

Overwhelmed by the excitement of their decision, my parents began to buy everything they could think of to prepare for their future baby: sets of small clothes, cradle, toys, countless other gifts, all to make me feel welcome. I for one was immensely happy to be born into their lives and live with them.

The time of my birth came and at first they looked at their newborn with great affection giving me all the care in the world. But after a few sleepless nights, when I cried all through it because of the colic, they would get irritated and angry. They had no idea how much pain I felt and it also hurt me to see my parents upset with me. This of course also meant that as they got angrier, my colic would get worse.

**United States Spiritist Council**